

	Programs										Training Sessions		
	Rec League	Academy Training	Tournament Teams (rec all star)	Travel Teams	Summer Camp (beg/int)	Summer Camp (adv)	Summer League (youth)	Summer League (adult)	Winter Indoor (youth)	Winter Indoor (HS/adult)	Goalie	Foot Skills	Position Training
U5	Current Program				Current Program								
U6	Current Program				Current Program								
U7	Current Program				Current Program		Start Date TBD		Current Program				
U8	Current Program				Current Program		Start Date TBD		Current Program			Current Program	
U9	Current Program	Begins Fall 2012			Current Program				Current Program			Current Program	
U10	Current Program	Begins Fall 2012	Current Program		Current Program				Current Program			Current Program	Current Program
U11	Current Program	Begins Fall 2012	Current Program		Current Program				Current Program			Current Program	Current Program
U12	Current Program	Begins Fall 2012	Current Program		Current Program				Current Program			Current Program	Current Program
U13	Current Program	Begins Fall 2012	Current Program		Current Program				Current Program			Current Program	Current Program
U14	Current Program	Begins Fall 2012	Current Program		Current Program				Current Program			Current Program	Begins Fall 2012
U15	Current Program	Begins Fall 2012	Current Program		Current Program			Start Date TBD	Current Program			Current Program	Current Program
U16	Current Program	Begins Fall 2012	Current Program		Current Program			Start Date TBD	Current Program			Current Program	Current Program
U17	Current Program	Begins Fall 2012	Current Program		Current Program			Start Date TBD	Current Program			Current Program	Current Program
U18	Current Program	Begins Fall 2012	Current Program		Current Program			Start Date TBD	Current Program			Current Program	Current Program

Notes

- Rec League** Starting in Spring 2012, the rec program has been re-aligned and moved from grade based to age based to mesh better within the overall club program structure. We now have U6 , U8, U10, U12 & U18 divisions. U6 is coed. U8 through U18 are separate boys and girls divisions. The U6 division will be team based and the previous small sided game structure has been moved to the Academy.
- Academy Training** Academy training is supplemental to the rec league and will be held Friday nights. It is open to all rec league players for a separate fee (tbd). It will be led by the club Director of Coaching and staffed by national level club coaches. The Academy will be structured around the small sided game format introduced for kindergarten and 1st graders in 2010.
- Tournament Teams** This is our current rec all-star team program. Players are currently identified through the rec program. Starting Fall of 2012, players will be identified through both the rec league as well as the Academy.
- Summer Camp** Includes both a beginner/intermediate program open to all U5-U14 players and and a separate advanced program open to travel players, players selected to tournament teams and/or players selected out of rec and academy training.
- Summer League** Our summer league is still in planning and will be dependent upon future field availability and field development. We are making plans for a youth division (U7-U14) as well as a HS/adult division (U14 up including adults). More plans to follow.
- Winter Indoor** Our current indoor program with U7-U14 at Westwood Hills Thu-Sat and U15-U18 at WMHS on Sundays. We are also making plans to expand the HS division to include adult players.
- Training Sessions** Training sessions are held Friday nights at VSDB. Goalie and foot skills training began Fall 2011. Position training is set to begin Fall 2012. There is no additional cost for these training sessions.